

EAT. DRINK. SOCIALIZE.

PALS CAFE

Monday - Friday

Breakfast: 7:30 am - 9:00 am

Lunch: 11:00 am - 1:30 pm

WEEK OF JANUARY 19



WEEKLY BREAKFAST FEATURES

INCLUDES CHOICE OF SIDE

SPICY CHICKEN MUSHROOM SANDWICH

crispy spicy chicken topped with fried egg, sautéed mushrooms, american cheese, and mayonnaise on a whole wheat bun

FIT EGG WHITE DENVER OMELET

egg white omelet with ham, peppers, onions and cheddar cheese

ALL IN' MEAL DEAL

sausage breakfast burrito supreme with tater tots and ocean spray juice

MON

CLOSED

24/7 grab and go available

TUES

MACHU PERU GRAZE:

pollo a la brasa, tri-color quinoa salsa criolla

SOUP: beef and bean chili & caribbean stew with peanuts

WED

FOODWORKS: BIBBOP ASIAN GRILL

build your own bowl asian rice bowl

SOUP: beef and bean chili & chicken quinoa vegetable soup

THURS

MACHU PERU GRAZE:

lomo saltado, peruvian potatoes, grilled asparagus

SOUP: beef and bean chili & homemade vegetable

FRI

CLOSED

24/7 grab and go available

**CONNECT
WITH US**



eatatpg.com



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GRILL FEATURES

AVAILABLE ALL WEEK

includes choice of side

SOUTHWEST BURGER

beef burger, sliced avocado, jalapenos, monterey jack cheese, salsa fresca, telera roll

CHURRASCO BLACK BEAN BURGER (V)

plant based chipotle black bean burger, provolone, tomatoes, roasted bell peppers, bibb lettuce, and chimichurri mayo on brioche

SWAP YOUR SIDE

FIT artichoke herb quinoa pasta salad (VG)

FEATURED HOUSE DRESSING

BBQ RANCH DRESSING

MEAL DEAL

AVAILABLE ALL WEEK

includes a 20 oz soda or water and choice of whole fruit, vegetable crudite, or bagged chips

CHEESEBURGER ON BRIOCHE

beef burger topped with american cheese on a brioche bun

SIGNATURE GRILLED CHICKEN

grilled chicken sandwich topped with lettuce blend, tomato and onion on a brioche bun

SIGNAUTRE GARDEN BURGER

garden burger topped with lettuce blend, tomato and onion on a brioche bun



denotes registered dietitian pick